



Photos by the 8th Theater Sustainment Command

Engineer divers of the 7th Eng. Dive Detachment check their equipment prior to assessing Tanapag Harbor, Saipan, Aug. 27. The harbor remains partially non-mission capable because of the damage sustained during Typhoon Soudelor.

Army divers partner with USCG for Saipan recovery

8TH THEATER SUSTAINMENT COMMAND
Public Affairs

SAIPAN, North Mariana Islands — In support of the disaster relief efforts in Saipan, an Army Hawaii dive detachment partnered with Coast Guard 14th District for a required port assessment and certification of Tanapag Harbor, the port of Saipan, which remains partially non-mission capable, Aug. 27.

Typhoon Soudelor left Saipan, a 48-square mile island, with loss of power and water services to more than 45,000 Saipan residents, causing the Federal Emergency Management Agency to reach out to the Department of Defense for support after all local, state and non-DOD national assets were exhausted.

“In the Pacific, we are the only Army dive detachment; we have to be ready to deploy rapidly,” said Spc. Galen Griffith, 7th Engineer Dive Detachment, 130th Eng. Brigade, 8th Theater Sustainment Command.

The 7th Dive Det. has the capability to conduct the initial ground assessment, recertification of the port, structural assessment and repair when



Spc. Galen Griffith, right, inspects his dive equipment with a member of the USCG 14th District before assessing Tanapag Harbor, Saipan, Aug. 27.

the services are requested.

Although the divers function as a small team, they continuously work hand-in-hand with other services, making them adaptable wherever they are needed.

“We worked alongside airmen from Hickam

Air Force Base, to help us with the transportation of personnel and equipment and the Merchant Marines to get us from Guam to Saipan,” said Capt. Troy Davidson, commander, 7th Dive. “After arriving in Saipan, the 9th Mission Support Command and the 302nd Army Reserve housed us, while the Coast Guard 14th District provided us with dive equipment and assistance.”

Upon arrival, the team assessed the data on the harbor to identify any structural irregularities and report any damage to the USCG 14th District, which helps enable transition efforts back to the local government.

“During this dive, we saw hard and soft growth on the wall (and) some holes where the aggregate would fall through structure integrity,” said Grif-

fith. “This means that the water current will come in and wash out the different aggregates, the broken concrete, and make the metal rust, causing it to expand and create more cracks and damage.”

USCGC Sequoia, a 225-foot cutter with the 14th District, conducted the initial survey of the shipping channel and port and has been working to restore aids to navigation, buoys and lights, and cleanup effort within the first week.

“The port is accessible and we were able to certify it,” said Davidson. “We’ve turned our assessment into the 14th District for further consideration.”

As the area begins to replenish its ability to function outside of crisis response, the hope is to turn the assessment over to the local government and allow them to figure out the best avenue for repair.

“We like to be able to hand missions back to the countries and see them move forward after a time of crisis,” said Davidson. “We appreciate getting the support from our sister services, along with the opportunity to conduct dive missions and support our allies in their time of need.”

Resilient, efficient installations are mission critical

KAREN A. IWAMOTO
Staff Writer

WHEELER ARMY AIRFIELD — On the battlefield, imprudent stewardship of resources puts lives at risk. At home station, it drives up costs and reduces the amount of funds available for training and equipping Soldiers. Therefore, responsible resource management is crucial to the Army’s mission.

This was one of the messages Assistant Secretary of the Army for Installations, Energy and Environment Katherine Hammack shared during her Aug. 24-28 visit to Hawaii.

While here, she spoke at the Asia Pacific Resilience Innovation Summit and Expo at the Hawaii Convention Center in Honolulu; attended briefings with leaders from U.S. Pacific Command, U.S. Army Pacific Command, Installation Management Command-Pacific Region, U.S. Army Garrison-Hawaii, U.S. Army Hawaii and Pohakuloa Training Area; and met with state and federal government officials and local energy leaders.

“Hawaii has one of the highest energy costs in the Army, so when we look at budgets shrinking, we always have to look at where we’re spending our money,” Hammack said. “Is there a more efficient way to do it? Fuel is one of the biggest contributors to the cost of energy, so if fuel can come from renewable resources, whether it’s solar or wind or biodiesel, that makes us more resilient and reduces cost.”

To this end, she praised the progress made by the Army’s Net Zero program, which aims to have the Army consume only as much energy or water as it produces on its installations.

According to Hammack, it is everyone’s responsibility to conserve water and energy, as well as to be more conscientious about recycling. The good news is that this is happening across the Army.

“We’ve increased our amount of recycling, increased our energy efficiency, increased our amount of renewables; we’ve increased our focus on water and reduced our amount of water (use),” she said.

She also toured PTA on Hawaii Island. While there, she visited the site of a well that may have the potential to provide water for the PTA and its surrounding communities.

Because PTA is located in the arid saddle between Mauna Kea and Mauna Loa, it currently relies on water being trucked in from other parts of the island.

Army officials have noted the potential benefit of not having to truck water up to PTA, which is expensive and time-consuming, and have said the well site would be of overarching importance to the Saddle region of Hawaii Island.

Hammack agreed that there are positive implications not just for the Army, but also for Hawaii Island’s community at large.

“It’s an amazing research project into where there is water,” Hammack said of the well site. “As they did geological surveys, they found water in places they did not expect. They found it at altitudes they did not expect. And they found it in volumes they did not expect. And so the science and research, I think, is going to be foundational for the entire Big Island.”

Water continued to be a focal point as Hammack followed up her visit to the PTA well site with a visit to U.S. Army Garrison-Hawaii and a tour of the East Range water facility, which was built in 1938 and is the main source of water for Schofield Barracks, Wheeler Army Airfield, Helemano Military Reservation and surrounding military installations.

The East Range well site is located more than 500 feet underground.

The question, Hammack said, is whether it would be prudent to leave the well site underground or whether building auxiliary pumping above ground, which would be easier to service and maintain, would increase resiliency.

And resiliency, she said, is key to the message she wants to impart to the Army community in Hawaii.

At the Asia Pacific Resilience and Innovation Summits and Expo, she highlighted five ways of achieving the Army’s Energy Security & Sustainability (ES2) Strategy: inform decisions, optimize use, assure access, build resiliency and drive innovation.

Of the five, she placed an emphasis on resiliency.

“We have a resiliency and readiness campaign for our Soldiers, but we need to understand what resiliency means for our installations,” she said. “Resiliency means you have a diversity of resources. The (ES2) strategy is all about diversity so that the mission can succeed.”

(Editor’s note: Information for this story was provided by Larry Reilly, IMCOM Pacific Region Public Affairs.)



Photo by Sonya Marbach-Taylor, Pohakuloa Training Area

From right, Command Sgt. Maj. Jonathan Lutgen, PTA, briefs Assistant Secretary of the Army, Installations, Energy and Environment, Katherine Hammack, about Pohakuloa as Christine Altendorf, IMCOM Pacific Region director, and Sally Pfennig, USAG-HI DPW, look on.



Photo by Larry Reilly, Installation Command Pacific Public Affairs

Katherine Hammack (left) listens as Christine Altendorf, director, IMCOM Pacific Region, provides a briefing along with other members of the IMCOM Pacific Region staff.



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CSA gives his initial address, priorities for the future Army

GEN. MARK A. MILLEY
39th Chief of Staff of the Army

We have the most skilled, ethical and combat hardened Army in our Nation’s history.

No matter where we are around the world, America’s Soldiers are displaying courage, commitment and character.

We are demonstrating unparalleled competence and agility. And no matter the challenge, no matter how complex the environment, or how dangerous the situation, our Soldiers fight and win.

I am honored to lead this remarkable team.

I have three priorities:
1. Readiness: (Current Fight) Our fundamental task is like no other. It is to win in the unforgiving crucible of ground combat. We must ensure the Army remains ready as the world’s premier combat force.

Readiness for ground combat is, and will remain, the U.S. Army’s No. 1 priority. We will always be ready to fight today, and we will always prepare to fight tomorrow.

Our most valued assets, indeed, the Nation’s most valued assets, are our Soldiers, and our solemn commitment must always be to never send them

into harm’s way untrained, poorly led, undermanned, or with less than the best equipment we can provide.

Readiness is No. 1, and there is no other No. 1.

2. Future Army: (Future Fight) We will do what it takes to build an agile, adaptive Army of the future. We need to listen and learn – first from the Army itself, from other services, from our interagency partners, but also from the private sector, and even from our critics.

Developing a lethal, professional and technically competent force requires

openness to new ideas and new ways of doing things in an increasingly complex world. We will change and adapt.

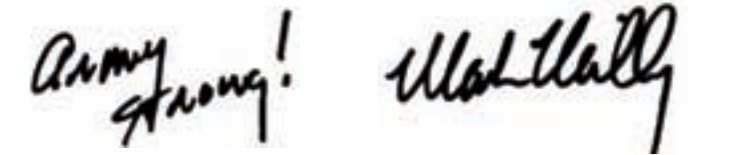
3. Take Care of the Troops: (Always) Every day we must keep foremost in our minds our Soldiers, civilians and their families. Our collective strength depends on our people; their mental and physical resilience is at our core.

We must always treat each other with respect and lead with integrity. Our Soldiers are the crown jewels of the Nation; we must love them, protect them, and always keep faith with them.

I am honored and proud to serve with you. Thank you for your service and commitment to a cause larger than yourselves.



Milley



IMCOM leader send Labor Day message

LT. GEN. DAVID HALVERSON
COMMAND SGT. MAJ. JEFFREY S. HARTLESS
Installation Management Command

SAN ANTONIO — Observed on the first Monday in September, Labor Day pays tribute to the contributions and achievements of American workers.

It was created by the labor movement in the late 19th century and became a federal holiday in 1894.

Labor Day also symbolizes the end of summer for many Americans, and is often celebrated with parties, parades and athletic events.

This weekend, millions of drivers will take to the highway for one final summer getaway, making it one of the busiest holiday travel weekends of the year. Make sure you check the road conditions and your own vehicle’s road-worthiness before getting on the highway.

Have a driving plan that includes periodic rest stops. If you are driving, put those handheld devices down! Never drink and drive.

If your destination is a beach, lake or other water recreation areas, check the weather and water conditions beforehand and throughout the day. Always swim with a buddy in a designated swimming area, supervised by a lifeguard. Provide constant supervision

to children in or near the water, and always stay within arm’s reach of young children and inexperienced swimmers while they are in the water.

Life jackets and flotation devices should be part of your gear and worn as required/mandated.

Whether at home or on a sandy shore, many of you will fire up the grill this weekend. A few simple steps can

prevent disaster or injury, such as keeping the grill away from the house, tree branches or anything that could catch fire. Always keep children and pets away from the grill, and never add charcoal starter fluid when coals have already been ignited.

Be sure to check out your local Family and Morale, Welfare and Recreation office for events and activities on or near Army installations. You’re sure to find great activities for the whole family, often free or at a good discount.

Regardless of where you go or how you celebrate Labor Day, we want you to enjoy this well-deserved time off, recharge yourself and return to your duty station safe.

We are extremely proud of each of you and the work you do in support of our Army, our nation, our Soldiers and families, and our installations. Support and Defend! Army Strong!



Halverson



Hartless



Contract awarded to protect data theft victims

AMAANI LYLE
DOD News-Defense Media Activity

WASHINGTON — U.S. Office of Personnel Management officials recently awarded to ID Experts a contract encompassing a comprehensive suite of identity theft and credit monitoring services for compromised victims, agency officials announced, Wednesday, during a media conference call.

Beth Cobert, OPM’s acting director, said the most recent data breach was one of the largest cyber crimes ever carried out against the U.S. government, and she pledged to provide impacted parties individualized notices about obtaining additional credit monitoring services at no cost. She said all 21.5 million impacted individuals and their minor dependent chil-

dren are now covered for ID theft insurance and restoration services.

ID theft, fraud protection services
“Once notifications have been received,” Cobert added, “I hope people will take advantage of the comprehensive identity theft and fraud protection services we are providing to the victims of these crimes.”

These notifications, she said, will begin by the end of September and continue over the following weeks.

Navy Rear Adm. Allie Coetzee, DOD’s principal deputy for defense procurement and acquisition, said the contract immediately covers individuals with \$1 million in insurance, as well as restoration services in cases following discovery

of further compromise to information or identity.

“Individuals who elect to can sign up for three years of credit monitoring and identity theft protection through contractor services,” Coetzee said.

OPM has partnered with experts across government to take significant strides in securing IT systems and guarding against future attacks, the admiral explained.

“OPM is ... committed to helping those whose personal information was stolen by providing them with high-quality identity theft and credit protection services free of charge,” she said.

Colbert noted that due to the nature of breached information, OPM offers individuals the option to enroll their minor

dependent children for credit monitoring and other services.

Commitment to protect information
OPM’s acting director noted that she has a personal stake in the matter as part of OPM’s commitment to protecting the security of federal employees and contractors’ information.

“As one of the millions of people who had their own personal information stolen, I completely understand and share the concern and frustration people are feeling,” she said. “I’m sorry about the concern this breach has caused and want to assure everyone impacted that we are doing all in our power to support those individuals victimized by this cybercrime.”

5 STEPS in FAITH

‘Is there one right person for me to marry?’

CHAPLAIN (MAJ.) DANIEL KANG
Family Life Chaplain
U.S. Army Garrison-Hawaii

Nothing brings more people together for a celebration than a wedding.

Weddings elicit an exceeding array of family traditions and positive emotions, such as great joy, jubilation and hope for the future.

But weddings can also bring up many other emotions, questions and considerations about coming together as a couple, fears and frustrations of being married, and how to plan for that future together.

Just as it takes time, dedication, creativity and energy to plan a beautiful wedding celebration, it also takes commitment, compassion, understanding, friendship, forgiveness and love to plan for a lifelong meaningful marriage.

People often wonder and ask, “Is there one right person for me to marry?” I’ll say no, in the sense of not having any troubles and challenges in a marriage.

Often, we agree and say that there is no perfect marriage. In the same way that we will never be the perfect partners for anyone, there is no such thing as a perfect match.

It is hard to believe that even the Bible says, “... those who marry will face many troubles in this life” (1 Corinthians 7:28). It may sound depressing to hear that



Kang

every marriage will face many troubles, but there is a plan. God has a plan for your life whether you are single, married, separated or divorced. So, don’t be afraid when you are facing troubles and challenges in your marriage and relationship.

Albert Einstein said, “In the middle of difficulty lies opportunity.”

There are three key ingredients for a successful relationship:

•Be quick to listen and slow to speak. Communication is vital to marriage, but many times, couples think communication is more about being understood than understanding their spouse, and they spend much of their time trying to get their point across.

A good practice in marriage is for both individuals to work harder at hearing and understanding what their spouse is

trying to communicate.

•Forgive. And forgive quickly. Holding onto offenses can be very damaging to relationships and can actually turn into contempt.

Marianne Williamson said, “Unforgiveness is like drinking poison yourself and waiting for the other person to die.”

Learn to say sincerely, “I am sorry,” if you have offended, and if you are injured, learn to let the little things go and forgive.

•Commit. How couples remain committed seems difficult for some to explain or understand as they enter marriage. But, commitment is truly a willful choice. Choose to be committed to your spouse every day.

(Editor’s note: This article was co-authored by Dana Van Ness, counselor, Family Life Center.)

Voices of Ohana

In recognition of Labor Day,
How do you recharge after the workweek?
By 3rd Brigade Combat Team Public Affairs, 25th Infantry Division



“I like to relax while on the beach.”

Capt. Christopher Hall
Battalion surgeon
3rd BCT



“Playing games with friends and listening to music.”

Pfc. Max Martinez
Geospatial engineer
3rd BCT



“Hang out with my family.”

Sgt. Vance Norum
Imagery analyst
3rd BCT



“Spend time with family, watch my favorite TV programs, outside activities.”

Sgt. Alfredo Portela
Company armorer
3rd BCT



“I like to go off-roading.”

Spc. Oscar Rios
Aviation operations specialist
3rd BCT

9th MSC says mahalo to Cardwell, aloha to Curda



Photo by Capt. Yosiah Hodge, 9th Mission Support Command

From left, Gen. Vincent K. Brooks, commander, USARPAC ; Brig. Gen. John Cardwell, outgoing commander, 9th MSC; and Brig. Gen. Stephen Curda, incoming commander of the 9th MSC, stand at attention during the change of command ceremony at the Daniel K. Inouye Complex, Saturday.

TYLER OGOSHI
311th Signal Command

FORT SHAFTER FLATS — The fiery heat of the afternoon sun bore down upon those in attendance for the 9th Mission Support Command’s change of command ceremony, Aug. 29, making shade a highly sought out commodity.

For the hundreds of guests gathered at the U.S. Army Reserve’s Daniel K. Inouye Complex, here, the heat and humidity were not enough to stifle the feelings of respect and reflection.

With commanding representatives from all 10 of the 9th MSC’s major subordinate units, the Pacific Army Reserve bid a heartfelt farewell to outgoing commander, Brig. Gen. John Cardwell, while also wishing a warm welcome to incoming commander, Brig. Gen. Stephen Curda.

Gen. Vincent K. Brooks, commanding general of U.S. Army-Pacific, presided over the ceremony. Reflecting on Cardwell’s career, Brooks spoke

highly of his leadership of the 9th MSC.

“Through his skillful team-building and his personal energy, (Cardwell) initiated and cultivated several reserve-to-reserve engagements throughout the Pacific, including Japan, the Philippines and Singapore,” said Brooks. “The efforts of John and his dedicated team of professionals produced a more effective U.S. Army Reserve Headquarters supporting U.S. Army Operations in the Pacific.”

For Cardwell, the relinquishing of command came after more than two-and-one-half years commanding the 9th MSC. While addressing the crowd, Cardwell spoke of his pride in serving as the unit commander.

“I leave here with pride,” said Cardwell. “A pride that comes with the leading accomplishments of the citizen-Soldiers and civilians of this command. A pride of being part of a team that oversaw the transition of the Pacific Army Reserve, as the nation rebalanced towards the Pacific.”

Incoming commander Curda reports to the 9th MSC after serving as commander of the 351st Civil Affairs Command in Mountain View, California. He brings new experience and expertise with him. He also reports to the head of the Pacific Army Reserve as one of the first Korean-American Army Reserve officers who has achieved general officer rank.

“I look forward to working with the people. ... The 9th Mission Support Command has such a strong reputation here in the Pacific, so I am really looking forward to working with everyone, both Soldiers and families,” said Curda.

At the conclusion of the day, one commander departed while another stayed, continuing the cycle of leadership of the Pacific Army Reserve.

The Soldiers said mahalo to Cardwell for the impact he has made during the past years and aloha to Curda for continuing the mission of the 9th MSC.

DIVARTY commander’s residence is ‘crested’

Story and photo by
1ST LT. AMANDA J. ROBINSON
25th Infantry Division

SCHOFIELD BARRACKS — The 25th Division Artillery held a traditional cresting ceremony on the evening of Aug. 14, at the DIVARTY commander’s residence.

“This marks the first time since 2005, when the 25th DIVARTY was deactivated, that the DIVARTY crest was affixed to quarters, here,” said Col. Christopher J. Cardoni, commander.

The DIVARTY crest is a lightning bolt superimposed on a taro leaf. The taro leaf shape of the shoulder patch reflects the birth of the 25th ID from elements of the famous Hawaiian Division; the bolt of lightning symbolizes speed and aggressive spirit; and crossed cannons represent the profession of field artillerymen who provide the thunder.

This ceremony served as the formal unveiling of the unit crest, and finally, an opportunity for key leaders to come together and celebrate the colors.

Also, with DIVARTY meeting full operational capability and integrating two extraordinary battalions (2nd Battalion, 11th Field Artillery Regiment, “On Time,” and the 3-7th FA

Regt., “Never Broken,”), the cresting ceremony was the capstone event for the brigade, along with the official announcement of the battalions being integrated into the Tropic Thunder Brigade.

“I felt it was fitting to conduct the cresting as a way to take part in creating our shared identity as fire supporters in the Tropic Lightning Division, and not just field artillery Soldiers in different units,” explained Cardoni.

History of the DIVARTY

Headquarters and Headquarters Battery, 25th ID Artillery, was constituted Aug. 26, 1941. The unit was activated on Oct. 1, 1941, in the territory of Hawaii.

During World War II, Army nondivisional field artillery units within the Pacific area were almost nonexistent until 1944. Although non-divisional army field artillery units were not used on Guadalcanal, the XIV Corps Artillery commander coordinated the artillery battalions of the 25th ID and the 2nd Marine Division to maximize field artillery support. From this point on, the 25th ID artillery units played a vitally important role in the Pacific.

During the Korean War, DIVARTY entered the Korean conflict, from Japan, July 2, 1950. By Aug. 13, 1950, all of the 25th’s Field Artillery Battalions had arrived in Korea, and the guns of 25th DIVARTY played a major role in what was deemed the first attack by Tropic Lightning and the first sizeable victory by U.S. Forces.

In Vietnam, 25th DIVARTY fought alongside the rest of the division units with five artillery battalions in a combined 59 campaigns, decisively engaging in operations to destroy the elusive enemy, including the Tet Offensive of 1968, and against enemy sanctuaries in Cambodia in 1970. By April 1971, all division units had returned to Hawaii.

DIVARTY’s last deployment was to Afghanistan, June 2004. It was tasked with voter registration site security, training/equipping the Afghan National Police and security forces, and continuing reconstruction projects. On June 1, 2005, DIVARTY successfully completed its mission and returned. As part of the Army transformation taking place at the time, Headquarters and Headquarters Bn., 25th DIVARTY, was deactivated Nov. 15, 2005.

(Editor’s note: Robinson is the chemical officer at 25th DIVARTY. To see the deployment history of 25th DIVARTY, read the online version at www.HawaiiArmyWeekly.com.)



The DIVARTY leadership team of Col. Christopher Cardoni (right) and Command Sgt. Maj. Jim Cabrera unveil the crest at Cardoni’s Schofield Barracks residence after a decade of absence during deactivation.



Capt. Timothy Dreyer, chief of TAMC's PAD, accepts the Lt. Col. Paul Hatkoff Award, Aug. 12, for his leadership running the unique department.



Dreyer gets Hatkoff Award

Story and photos by
EMILY YEH
Tripler Army Medical Center Public

HONOLULU — Capt. Timothy Dreyer, deputy chief, Tripler Army Medical Center’s Patient Administration Division (PAD), received the prestigious Lt. Col. Paul Hatkoff Award, Aug. 12, for his efficient patient administrative and management abilities, and for his willingness to step up and serve in a time of need.

Dreyer is the expert responsible for ensuring the administrative needs of each TAMC patient is met, serving beneficiaries throughout the Pacific.

For eight months, Dreyer served in his assigned role as the chief of PAD at TAMC for the Regional Health Command-Pacific. Dreyer also ensures PAD’s mission goes hand-in-hand with the hospital’s priority, which is the patients served are always provided high-quality care.

“Capt. Dreyer is an extremely competent leader,” said Col. David K. Dunning, commander, Tripler Army Medical Center. “He continually does work above his rank in an exceptionally demanding specialty, and does so flawlessly.”

Over the last year, Dreyer led efforts in revenue generation for the region, and implemented programs and positions contributing to reduced wait and admission times. The programs he implemented reduced backlogs of billings and claims, and generated revenue amounting to more than three times the revenue in previous years.

“There are so many policies and procedures

to learn, one person could spend an entire career and not learn all of it,” Dreyer said. “Without the expertise of the team already in place when I arrived 18 months ago, the programs we implemented would not have been as successful.”

PAD is a unique department. The office bridges the gap between clinical and administrative functions, both an integral part to running a hospital. Patients and families often feel stressed and confused about the administrative issues that arise during a hospital stay. When they seek assistance in the PAD office, the staff provides them with guidance and clarity, so they can focus on their treatment.

“The opportunity to work in the PAD has been an adventure,” Dreyer said. “The first chance I got to work inside the hospital walls, I took (them), so I could experience how to bridge the gap between the clinical and administrative aspects of running a hospital.”

Hatkoff Award

Lt. Col. Paul Henry Hatkoff, the award’s namesake, served in the Army for more than 22 years and was the Patient Administration Division chief at William Beaumont Army Medical Center when he died, suddenly, in 1991.

The biannual Hatkoff Award is presented to an outstanding company grade officer in the PAD career field. Individuals selected emulate the high standards established by Hatkoff and are a credit to the PAD career field and the Army Medical Department.

25th CAB assists with Oahu wildfires

1ST LT. CAITLIN WITENBURY
25th Combat Aviation Brigade Public Affairs
25th Infantry Division

WHEELER ARMY AIRFIELD — Two flight crews conducted nine hours of water bucket operations to assist local and Army firefighters with Oahu wildfires, Aug. 3-6.

Early morning, the crews from the 2nd Battalion, 25th Aviation Regiment, 25th Combat Aviation Brigade, 25th Infantry Division, consisting of two pilots and one crew chief, prepared their aircraft and briefed their plans for what would turn into four days.

Forty pilots, 30 crew chiefs and 20 UH-60M Black Hawk helicopters flew 75 hours and dropped 285,645 gallons of water on quickly spreading flames.

Many residents may have seen an olive drab aircraft with an orange bulb hanging silhouetted in the sky, which is a part of what goes into a water bucket operation.

Daily, two aircrews are on standby in the event of a fire or other emergency.

The 2-25th Avn. Regt. maintains a three-hour standard, from the time personnel are notified to the time “wheels are up,” taking off and departing the airfield, here.

Before the aircraft leaves Wheeler, the helicopter crew checks the cargo hook located on the belly of the helicopter and connects it to the water bucket. The crew takes off to the dip pond water source, to be used for the duration of the mission. The helo hovers above the dip pond and plunges the water bucket into it.

The crew chief, harnessed in the back of the Black Hawk with enough slack to allow freedom of movement and sight out of the open doors, guides the pilots to ensure the aircraft is a safe height over the water and that the bucket is filling up.

Once full, the aircraft takes off towards the fire.

The pilots receive commands over the radio from a ground commander, usually the fire chief. The fire department uses flags and signal mirrors to direct the aircraft where to go. Constant coordination takes place on where to dispense the water using the previous iteration as a guide. The crew also constantly assesses fuel, aircraft limitations, location of the fire and the effect the prevailing winds will have once the bucket releases its load of water.

Fighting fires is a very intricate operation, taking the efforts of the pilots, crew chiefs and fire-



Photo by Chief Warrant Officer 3 Caleb Kittrell, 25th Combat Aviation Brigade Public Affairs

The Oahu sky fills with smoke and haze from the wildfires, Aug. 3.

fighters, as well as flight operations personnel, weather forecasters and fuel crews. Without all parties working together as one team, the efficiency and ultimate goal of keeping everyone safe would not be possible.

“This is the best and most rewarding mission we do,” said Chief Warrant Officer 2 Kyle Livingston, a pilot on a nine-hour water bucket flight. “As a former firefighter, I know how much fighting a fire from the air helps those on the ground.”

Civil-military relations highlight STAFFEX in Indonesia

CAPT. RAMEE L. OPPERUDE
3rd Brigade Combat Team Public Affairs
25th Infantry Division

SUKABUMI, Indonesia — The 3rd Brigade Combat Team, 25th Infantry Division, began a staff exercise, Aug. 20, as a major component of Garuda Shield 15, to improve its understanding and application of civil-military operations.

The Center for Civil-Military Relations (CCMR) will provide instruction to members of the Hawaii Army National Guard, the Indonesian Armed Forces and the 3rd BCT, here, over the next two weeks.

The exercise complements combat survival training and live-fire exercises.

The CCMR staff is able to focus its Asia-Pacific program, and experts from U.S. embassy country teams, Pacific Command country specialists and Offices of Defense Cooperation to build defense capacity within developing partner countries. The training is designed to benefit them immediately and then continue as they move into Malaysia in the coming weeks.

CCMR improves interagency and international coordination and cooperation by addressing

civil-military challenges. The scenarios embedded into the STAFFEX include enhancing civil-military relations, supporting defense reform

and institution building, improving peacekeeping and peace-building operations and combatting terrorism.



Photo by Spc. Michael Sharp. 55th Combat Camera, 21st Signal Brigade, 9th Signal Command

2nd Lt. John Miele, Co. C, 2-27th Inf. Regt., 3rd BCT, 25th ID, leads a rehearsal of concept drill training for Indonesian soldiers from 1st Kostrad ID during Garuda Shield 2015, Aug. 23, 2015.

“The brigade-level participation in exercises such as these is vital to the peacekeeping role units play in numerous countries around the world,” said Colleen Ruru, instructor, CCMR. “There are many challenges that the TNI (Tentara Nasional Indonesian) have encountered (in peacekeeping operations) that they can share with the U.S. Army.

“Garuda Shield is most importantly about partnering and relationships. The communication between the U.S. Army and TNI has improved each year since I have been participating in this exercise. I look forward to watching these connections grow during each Pacific Pathways exercise,” said Ruru.

To further support civil and military operations while in Indonesia, the 3rd BCT was augmented with cryptologic linguist Cpl. Michael Calistro, 205th Military Intelligence Battalion, 500th MI Bde.

“The partnership with the TNI and local population only continues to improve each year,” said Calistro.

CCMR’s programs are throughout the world to improve democratic defense.



Soldiers from the 250th FST, 47th CSH, 62nd Med. Bde., practice how to properly bandage an arm wound. The support from the 250th helped the 2-27th mitigate risks during its deployment to Indonesia, Aug. 20-28.

250th FST lends med support for deployed ‘Wolfhounds’

Story and photos by
SGT. BRIAN C. ERICKSON
3rd Brigade Combat Team Public Affairs
25th Infantry Division

CIBENDA, Indonesia — Soldiers from the 250th Forward Surgical Team (FST) supported the 2nd Battalion, 27th Infantry Regiment, “Wolfhounds,” 3rd Brigade Combat Team, 25th Infantry Division, Aug. 20-28, during exercise Garuda Shield 2015.

The 250th is a mobile surgical team, from Joint Base Lewis McChord, Washington, which consists of 22 personnel and a large hospital tent. Its mission is to provide forward surgical support to wounded Soldiers as far forward as situations allow.

“We are here to give the unit the level of support they deserve, so they can feel comfortable doing the training and know they will be taken care of in case of a catastrophic event,” said Sgt. 1st Class Douglas Leo, 250th FST, 47th Combat Support Hospital, 62nd Medical Bde.

The Wolfhound commander fully recognized the importance of having the FST supporting their training.

“They are absolutely critical. We would not be able to do the training we are doing in this remote area without that world class support,” said Lt. Col. Kevin J. Williams, commander, 2-27th Inf. Regt.

With the support of the FST, Williams was able to mitigate a lot of the risk and allow his warriors to train and partner effectively with the Tentara Nasional Indonesia Army (TNI-AD).

“Basically, we are providing the commander the ability to assume greater risk for this training exercise,” said Maj. Anne Saladyga, commander, 250th FST.

The capabilities that the surgical team offers to the battalion are food service specialists, medical maintenance, radiology, lab work, an intensive care unit and veterinarian services in the case of animal bites.

FST has multiple trauma beds to evaluate the patients, and if surgical procedures are required, the surgical team can perform 12 to 40 different surgeries. To save a life, the staff needs to be ready, and to do that, they train daily.

“We are taking this as our own training event, even though we don’t have any patients. We are doing classes every day, such as patient scenarios,” said Saladyga.

Saladyga was enthusiastic about the time committed to training.

“We have been able to do as much training here in Indonesia as we would in six months at our home station because there are no competing interests,” she said.

Although they’ve been doing a lot of training, Saladyga said that the Soldiers embraced this mission 100 percent.

After the team concludes its operations in Indonesia, it then proceeds to Malaysia to support the Wolfhounds in exercise Keris Strike 2015.

Tropic Lightning, Indonesian troops close out Garuda Shield

Story and photo by
SGT. BRIAN C. ERICKSON
3rd Brigade Combat Team Public Affairs
25th Infantry Division

CIBENDA, Indonesia — Tropic Lightning Soldiers assigned to 2nd Battalion, 27th Infantry Regiment, 3rd Brigade Combat Team, 25th Inf. Division, together with Indonesian soldiers of the 1st Kostrad ID, Tentara Nasional Indonesia Angkatan Darat (TNI), stood together during the closing ceremony of Garuda Shield 15, here, Aug. 28.

“As we know, this joint exercise is an excellent move for us to improve the skills and professionalism of the soldiers, as well as the tools to promote the cooperation and friendship between the armies of the two countries,” said Maj. Gen. Agus Suhardi, chief of staff, 1st Kostrad ID.

“Garuda Shield is an important exercise. It allows Indonesia and the United States to engage in military training and strengthen our partnership in the Asia-Pacific region,” said Maj. Gen. Edward F. Dorman III, commander, 8th Theater Sustainment Command.

During the exercise, the two armies under-

went a combined field training exercise emphasizing combat survival training, urban operations, cordon and search techniques, troop leading procedures and medical training.

The two nations joining together for a live-fire demonstration on the final day .

“This exercise was designed to ensure that our armies can work together in a challenging training environment as one team,” said Dorman.

Both armies used this exercise to come together, share experiences and gather useful lessons, Dorman added.

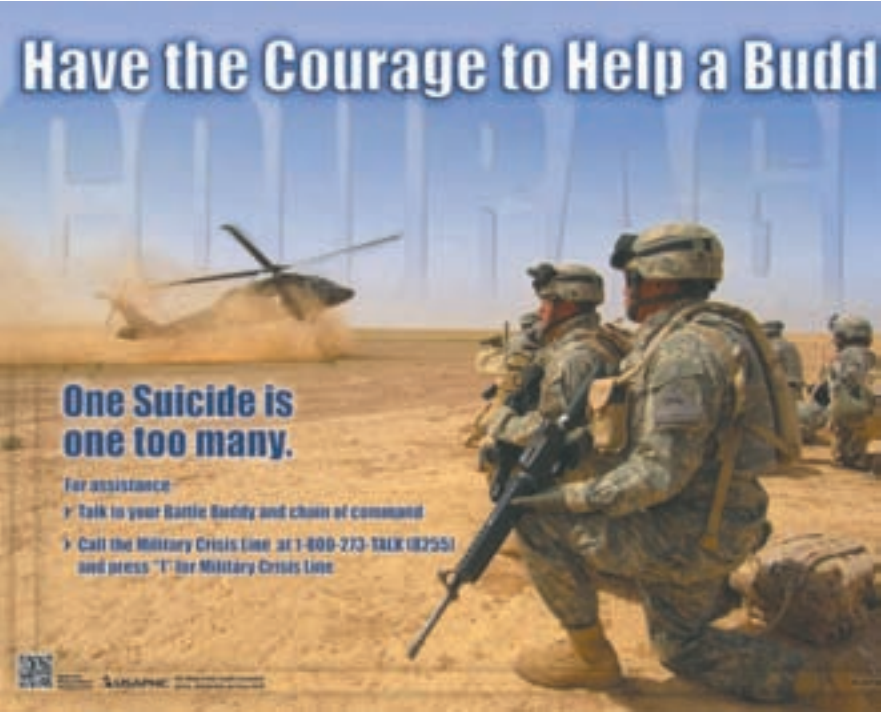
The TNI chief of staff said that he was confident that all participants of the training have walked away with new skills from the exercise and thus improved both sides.

This exercise enhanced professional relationships, improved bilateral readiness, cooperation and interoperability between the Indonesian and U.S. forces.

“The development and evolution of Garuda Shield over nine years is a testament to the strength of our relationship and shows how our militaries have worked together and grow in capability and understanding,” said Dorman.



1- An officer from the 2-27th Inf. Regt., 3rd BCT, stands with soldiers of the 1st Kostrad ID, Aug. 28. 2- Maj. Gen. Edward F. Dorman III, commander, 8th TSC, and Brig. Gen. Agus Suhardi, chief of staff, 1st Kostrad ID, inspect the troops in Cibenda, Indonesia, Aug. 28.



Above, one of the Army’s suicide prevention posters is displayed for the September 2015 campaign; below, smart phone and pad/tablet users can scan the enlarged version of the poster’s code to find more suicide prevention resources.

Sept. is Suicide Prevention Month

BRENT OTO
Suicide Prevention Program Manager
U.S. Army Garrison-Hawaii

In September, Army Hawaii, along with the state of Hawaii and all the branches of military, will conduct a monthlong suicide prevention awareness campaign.

Suicide Prevention Month, observed across the U.S., consists of training, resource expos and community events that are available to everyone. The goal is to keep Soldiers, families and veterans aware and informed on suicide prevention efforts.

This means that when someone is in need of care or assistance, we proactively “Take a Stand” and show that we care for each other. We all must be aware of the risk factors and warning signs of suicide, and be willing to talk to Soldiers and help if needed.

There are many initiatives by the 25th Infantry Division and U.S. Army Hawaii to reduce suicide. With all our collaborative efforts from leadership, we have programs and working groups, such as the Community Health Promotion Council, Health Promotions Office, Suicide Prevention Program, 4S Campaign Group, Behavior Health Working Group, 25th ID Surgeon Working Group, Comprehensive Soldier

Family Fitness (CSF2), and Chaplain Core. These groups of leaders and programs collaborate together in efforts to reduce high-risk outcomes and to build resiliency for Soldiers and families within our community.

Resources

- If you need suicide prevention training and resources, visit www.armyg1.army.mil/hr/suicide/ or call the local Suicide Prevention Program office at 655-9105.
- If you need to talk with someone, you can call the Military Crisis Line at 800-273-8255 (press 1), or text 838255, or chat at www.militarycrisisline.net. You’ll have access to a peer counselor via phone, online chats or text messaging.
- In addition to the crisis phone line, assistance is also available through the Vets4Warriors peer support chat line at 855-838-8255, or online at www.vets4warriors.com. This line will connect with veteran peers who understand the unique challenges of military life and can assist with problem solving and resolution.

Family members, retirees and veterans may use these resources.

(Editor’s note: Oto works at the Army Substance Abuse Program, part of the USAG-HI Directorate of Human Resources.)

Federal Maintainance, DPW discuss energy conservation

SANTIAGO J. HERNANDEZ
Energy Conservation Manager
Directorate of Public Works
U.S. Army Garrison-Hawaii

Since 2000, Federal Maintenance has provided the garrison with janitorial and sustainment operational services, and now it has plans to energetically help reduce energy costs at military and federal facilities on Oahu.

“Today is a good day, and it is just the tip of the iceberg,” said Keith Yamanaka, U.S. Army Garrison-Hawaii Directorate of Public Works energy manager. “To work with our military contractors and help them, help us conserve energy, is the responsible thing to do.”

Federal Maintenance president Bob Sage said the company currently has 130 employees. “Over 90 percent of them provide janitorial services for 220 buildings on Army installations,” Sage said. “A smaller percentage of them facilitate maintenance and sustainment operations for the Defense Commissary Agency, seven Navy clinics and one Federal Aviation Administration building.”

When asked how he intends to help meet the USAG-HI energy conservation goal, Sage explained he intends to implement a company policy that outlines its energy conservation strategy.

“Presently, I am waiting on feedback from my operational managers and their crew members. Their feedback is critically important to me, especially if I am to create a responsible and practical policy,” Sage said. “Once I finalize a directive and it is emplaced, I’ll train my operational managers, and then allow them the time and resources to train their crew leaders and staff members. Bottom line, everyone will get trained and periodically evaluated on our energy conservation efforts.”

Sage said his north and south operational managers will be responsible for supervising Federal Maintenance’s conservation efforts.

“I will also include energy conservation as part of our company weekly safety meetings. In addition to implementing our policy and training strategy, I intend to introduce more eco-friendly equipment,” Sage said.

The company purchased several battery-operated vacuum cleaners that are safe and use less energy than conventional models that use more energy and run the higher risk of an electrical injury.

“We are currently using an eco-friendly, battery-powered, auto-floor scrubber, which uses less water and electricity to do floors,” said

Sage.

Sage will take a small management team to Las Vegas this month to attend a week’s worth of conferences and seminars on eco-friendly equipment and cleaning products.

“My goal is to look for products that are energy efficient, safer, thus help reduce our energy footprint,” Sage said. “My company is in this for the long haul. We will make a difference.”

Federal Maintenance employees responsible for cleaning buildings during nonoperational hours (nighttime) practice responsible energy use, using the least amount of electricity to complete their tasks, a practice that helps the Army save in energy costs.

Conserving energy without risking injury is DPW’s intent, said Yamanaka.

“Conserving energy is important, but so is the safety of our Soldiers, their family members and the civilian workforce,” Yamanaka said.

Energy conservation is a growing movement within Army Hawaii. Units and individuals are responsibly using energy every day.

In the near future, DPW intends to begin presenting unit brigade commanders with a mock energy bill that should help grow the energy movement exponentially.

Saving energy is the responsible and necessary thing to do, especially to reduce the national deficit, the need for foreign oil and the carbon footprint. It can help save the environment for future generations to come.



Photo courtesy of Federal Maintenance

Eduardo Estavillo cleans the Schofield Barracks Post Gym with a new, energy efficient, battery-operated vacuum cleaner.



Traffic Report lists detours, road work, construction and noise advisories received by press time from U.S. Army Garrison-Hawaii and Hawaii Department of Transportation (HDOT) sources. Visit www.garrison.hawaii.army.mil/trafficcalendar.htm for the latest Army Hawaii traffic advisories. Unless otherwise noted, all phone numbers are area code 808.

Today

Sobriety Checkpoints — Tonight, police will set up sobriety checkpoints across the state, 8-11 p.m., and increase patrols throughout the holiday weekend. Service members will be assisting Mothers Against Drunk Driving and the Honolulu Police Department.

Here are a few simple tips for ensuring a safe holiday weekend:

- Plan a safe way home before you start your festivities by designating a sober driver.
- Use Uber, the on-demand ride-sharing program.
- Call the Drunk Driving Prevention Program for a ride home, completely free of charge, Friday and Saturday night from 8 p.m. until 6 a.m. Call 888-7407.
- If you see a drunk driver on the road, contact local law enforcement immediately!

Big Bang Theory — Since Tuesday, residents may have heard loud noises coming from Schofield Barracks during artillery training. Communities near Schofield Barracks may experience noise increases due to atmospheric conditions that can make sounds seem louder than normal.

- Sept. 1-10, Army artillery training.
 - Sept. 6-8, the 3rd Battalion, 7th Field Artillery Regiment, 3rd Brigade Combat Team, 25th Infantry Division, will train with their counterparts of the Royal Regiment of New Zealand Artillery.
 - Sept. 8-9, training takes place days and nights, 10 p.m.-4 a.m.
 - Sept. 8-11, Army mortar training.
 - Sept. 14-18, Marine Corps mortar training.
 - Sept. 26-30, Marine Corps mortar and artillery training.
 - Sept. 28-29, Army demolitions training.
- For concerns related to the noise or training, call the U.S. Army Garrison-Hawaii noise concern line at 656-3487.

Updated Sheridan — The work on on the south side of the intersection of Trimble and Cadet Sheridan roads is going to take longer than expected. Additional days were added for safety reasons due to the current weather

conditions and impending hurricanes.

The lane closure from southbound Cadet Sheridan Road onto westbound Trimble Road remains. The right turn lane going west bound onto Trimble at the Cadet Sheridan intersection is closed. Vehicles will still be able to make the right turn at the intersection on the green light only. Large trucks won't be able to make this right turn and will be rerouted accordingly.

Work is being performed weekdays, 8:30 a.m.-3:30 p.m.

Updated Humphreys — The southbound lane of Humphreys Road fronting the driveway of Schofield's Bldg. 2069 is closed until next Friday, Sept. 11, in order to make a connection to the sewer manhole. The dates were extended due to heavy rains during the week of Aug. 24-28.

The center turn lane of Humphreys Road will be used as the southbound lane. Closures are weekdays, 8:30 a.m.-5 p.m.

Updated Bennet Drive — There will be intermittent lane closures at Fort Shafter's Benet Drive in the vicinity of Bldgs. 341, 405 and 441 for the installation of a new water main line. The work occupies one lane, including the parking stalls perpendicular to the lane, weekdays, 7:45 a.m.-5 p.m., until Oct. 30.

Phase 2 has encountered delays attributed to various differing site conditions.

Updated Carpenter — A road closure that began Aug. 28 at Carpenter Street, Schofield Barracks, has been extended and goes until Sept. 18, weekdays, 8:30 a.m.-1:45 p.m. (Wednesdays, 8:30 -11:45 a.m.)

Additional probing was required to find the existing water line; the connection point on Carpenter was located. Work includes asphalt paving, cutting, demolition and installation of a concrete curb, and the installation of a new water main.

8 / Tuesday

Poles Vaulting — Lanes adjacent to existing utility poles along Rim Loop at Aliamanu Military Reservation will be restricted to one lane only from now until Sept. 11 for utility pole replacement.

Emergency Roadwork — HDOT advises that a daytime northbound lane closure on Kamehameha Highway between Keo Place and Trout Farm Road, fronting the Crouching Lion Inn in Kaaawa, will be instated 8 a.m.-4:30 p.m. Traffic will be contraflowed through the remaining open lane.

This closure will occur weekdays for the next three weeks, weather and tide permitting. HPD will monitor traffic and provide priority for emergency vehicles passing through the area.

Visit <http://hidot.hawaii.gov/highways/roadwork/oahu>.



Got an event of interest to Soldiers or civilian employees coming up? Send your announcements to news@hawaiiarmyweekly.com.

Today

Suicide Prevention — The Suicide Prevention Program for the garrison and U.S. Army-Hawaii asks Soldiers to reach out and speak to their chain of command, chaplain or behavioral health professional to prevent Army suicides. Another option is to call the National Suicide Prevention Hotline at 800-273-TALK (8255). *(See related story, p. A-5.)*

Bronco Broadcast — Listen as Capt. Eric S. Donahue, a Ranger and Iraq and Afghanistan veteran, tells about training and working with Indonesian soldiers during Exercise Garuda Shield. Donahue is the commander of Charlie Company, 2nd Battalion, 27th Infantry Regiment, 3rd Brigade Combat Team, 25th Inf. Division. Go to the direct link at <http://tobtr.com/7873305>.

Five Million — Participation in the joint VA-DOD eBenefits website topped five million users this week, two months ahead of schedule. VA established an agency priority goal of reaching five million eBenefits users by the end of fiscal year 2015 and achieved this early milestone through aggressive outreach efforts with the support of DOD and its veterans organization partners.

Visit www.va.gov/opa/pressrel/pressrelease.cfm?id=2724.

Fraud Facts — The Consumer Financial Protection Bureau found that active duty alerts are really underutilized. Even though the CFPB received over 650 complaints from active duty service members about problems with their credit reports, less than one percent reported using an active duty alert. However, when you're unable to monitor your account or credit files, these alerts can protect you.

That's why they've created a fact sheet Soldiers can use to learn more about these alerts and other valuable tools that can help protect them when duty takes them to distant places. Find the fraud alert fact sheet at http://files.consumerfinance.gov/f/201508_cfpb_fraud-protection-tools-to-help-safeguard-servicemembers.pdf.

8 / Tuesday

AFCEA Luncheon — The Armed Forces Communications and Electronics Association will host a luncheon, 11:30 a.m., at Fort Shafter's Hale Ikena. Visit <http://afcea-hawaii.org/monthly-luncheon-program/>.

14 / Monday

CFC Time — The Combined Federal Campaign for the Hawaii-Pacific region starts today and runs until Nov 13. All commands have a CFC representative with the goal of contacting 100 percent of service members and DOD civilians in the community to raise awareness.

CFC is one of two annual fundraisers authorized by the Army, the other being Army Emergency Relief. With CFC, you can pinpoint charities to support in your home state or here in Hawaii.

To pledge, see your unit representative or visit www.cfc-hawaii.org/.

19 / Saturday

Retiree Appreciation — Retiree Appreciation Day takes place at the Nehelani, 8 a.m.-2 p.m., with a banquet, guest speakers and info tables manned by retiree service providers. Call 655-1458/1585.

21 / Monday

Mentors Needed — Following a program revamp, IMCOM Workforce Development is reannouncing the opportunity to compete for the 2016 Installation Management Command Headquarters Centralized Mentorship Program. Applications will be accepted from today until Oct. 19, with a program target start date of Jan.10, 2016.

Complete instructions are available online at https://army.deps.mil/army/cmds/imcom_HQ/G1/TMD/SiteAssets/wfd.aspx.

Previous applicants must reapply for consideration.

Free Seminar — Army Community Service offers a two-part seminar at Schofield's Nehelani. Federal resume guru Kathryn Troutman will present "10 Steps to a Federal Job" and "The Priority Placement Program for Military Spouses," 9 a.m.-noon.

The seminar is open to all active duty, civilians, veterans, spouses and family members with post access. Registration is a must at www.trumba.com/calendars/army_community_service_calendar.

26 / Friday

Drug Take-Back — The Schofield Barracks Post Exchange hosts a National Prescription Drug Take-Back Day collection point, 10 a.m.-2 p.m., for the 10th year. Take-Back Day is coordinated by the Drug Enforcement Agency to encourage communities across the U.S. to sponsor scheduled times for patients to return unused or expired prescribed medications in an effort to stem misuse and abuse.

94th enhances 14th MDB

**CHIEF WARRANT OFFICER 2
BRYAN G. DUNCAN**
94th Army Air and Missile Defense Command

KYOGAMISAKI, Japan — Signal Soldiers from the 94th Army Air and Missile Defense Command, 78th Network Enterprise Center, and the 307th Expeditionary Signal Battalion enhanced the ability of the 14th Missile Defense Battery (MDB), 94th AAMDC, to communicate with its higher headquarters and transmit accurate missile defense data to meet its regional and homeland defense missions.

The Signaleers successfully transitioned the communication capabilities of the Kyogamisa-ki Communications Site (KCS) from the Pacific Land War Net into the Transportable Radar Communication Complex (TRCC) and Hardened Transportable Terminal (HTT).

The fielding of the TRCC/HTT required communications equipment to be moved from the current satellite communications shelter into the TRCC/HTT complex.

Personnel from the Army, Raytheon, Lockheed Martin, Missile Defense Agency (MDA), Missile Defense National Team-B, and local contractors had key roles in helping set up the operations of the TRCC/HTT.

The new satellite terminal and communications complex that was delivered and installed by the team provides a protected communications path for radar data critical to missile defense operations to meet theater requirements to be used directly in the defense of the continental U.S., explained Maj. Fred M. Hollingsworth, KCS deployment lead, MDA.

“Not only does this complex provide communications for a missile defense mission, it is significantly enhancing the 14th MDB’s network and voice capabilities,” Hollingsworth said. “This includes the introduction of a ‘voice

over Internet protocol’ technology new to U.S. Army-Japan that will spread to all of the Army units supported out of Camp Zama.”

The 14th MDB provides the first line of defense against ballistic missile threats from belligerent actors in the Pacific region. As such, KCS must have redundancies in its communications suite to maintain continuous communication capabilities.

The 94th AAMDC communications directorate ensures there are alternate methods of communication available if the primary method fails. The 307th ESB provides satellite communications to KCS by working in teams and pulling 24-hour shifts to guarantee the site has continuous communications capabilities.

The remote location of KCS presented many challenges. Signal Soldiers from across the Pacific collectively invested numerous hours into the establishment of equipment and communications on site.

Chief Warrant Officer 1 Kevin Regan was in charge of the 78th NEC efforts to provide communications support during the establishment of KCS. His Soldiers were instrumental in getting the campus communications established at KCS in preparation for the TRCC/HTT.

“KCS has been a very exciting network to set up from the ground up. It has had its challenges, but it has also allowed us Signalers to develop new tactics, techniques and procedures in order to tie in a tactical level system with a strategic system with the support of our sister battalion 307th ESB. This ability will allow us to better support our customers around the Pacific region,” said Regan.

The Signaleers of the Pacific will continue to improve communications at KCS to allow the 14th MDB to be the first line of defense in regional and homeland ballistic missile defense.



Courtesy photo

Signaleers from the 94th AAMDC, 78th NEC and 307th ESB enhance the ability of the 14th MDB to communicate and transmit accurate missile defense data.



The Honorable Debra S. Wada (left at the head of the tablet) receives a command briefing from senior leadership during her visit to the 94th AAMDC headquarters, Aug. 19.

Sea Dragon HQ gets visit by senior Army official

Story and photo by
SGT. 1ST CLASS JAQUETTA GOODEN
94th Army Air and Missile Defense Command
Public Affairs

JOINT BASE PEARL HARBOR HICKAM — Assistant Secretary of the Army (Manpower and Reserve Affairs) Debra S. Wada visited the 94th Army Air and Missile Defense Command headquarters, Aug. 19.

Brig. Gen. Eric L. Sanchez, commander, 94th AAMDC, along with other senior leaders of the command, outlined the 94th’s mission and capabilities during a command brief to Wada.

“Our purpose today was to describe the strategic and operational efforts the 94th AAMDC is actively pursuing to increase the air and missile defense capabilities and capacity in the Pacific,” shared Maj. Douglas Simmons, force management officer, 94th AAMDC.

Keeping senior Army leaders informed is vital to the mission and the future of the command.

“Guided by our command’s campaign objectives, it is important to brief the senior leaders of the Army on how policy and strategy guidance is operationalized in the Pacific to support our national interests, as well as how the 94th AAMDC is developing robust partnerships in the region,” Simmons continued.

Wada also received a brief on the 94th AAMDC’s Ready and Resiliency Team, as a one-stop shop to support the Army’s priorities.

“It was critical that we highlighted the ready and resiliency lead programs, such as SHARP (sexual harassment/assault response and prevention), suicide prevention, MRT (master resiliency training) and EO (equal opportunity) during this brief,” expressed Chaplain (Col.) Ken Revell, 94th AAMDC. “The 94th AAMDC is not configured like a brigade or a division. So, in an effort to meet Army priorities and find efficiencies, much of the heavy lifting for these programs is absorbed under collateral duties. I believe the wave of the future is for our command to have authorizations for full-time civilian hires at these important positions.”

Wada, who serves as the Army’s point-person for policy and performance oversight of human resources (military, civilian and contractor), training readiness, mobilization, military health affairs and manpower management, expressed her gratitude for the briefing and viewed the command visit as a success.

“It’s always an honor to have key leaders visit the headquarters because it allows the command to provide a better understanding of the overall integrated ballistic missile defense mission to protect the homeland,” Sanchez said.

This is Wada’s first visit to the Asia-Pacific since her appointment Oct. 2, 2014. Wada will continue her orientation tour of the Pacific with a stop in Guam, where she will meet with Task Force Talon and see, firsthand, some of the efforts that were discussed during her visit to the 94th AAMDC.



Above, 1st Lt. Angela Smith, CAT-P 84-03, shakes hands with a student while passing out diplomas at a Koror Headstart graduation ceremony in Palau, June 5. At inset, Emperor Akihito and Empress Michiko of Japan shake hands with members of CAT-P 84-03, April 11, in Palau. While in Palau, the emperor and empress visited the cemetery that holds the remains of Americans who died during the Battle of Peleiu in 1944.

Engineers strengthen ties through Palau mission

130TH ENGINEER BRIGADE
8th Theater Sustainment Command

ANGAUR, Palau — After completing 60 construction projects and more than 100 community relations events within six months, a team of 13 Army engineers returned to Hawaii from a humanitarian assistance operation in the Republic of Palau, Aug. 24.

This mission was part of a joint, rotational mission displaying the U.S.'s. continued support and partnership with the Republic of Palau, which is part of the Micronesian region with a population of 18,000. It's made up of 500 islands with 16 states.

"The 13 Soldiers were hand selected, which made this team elite," said 1st Lt. Angela Smith, a member of Civic Action Team Palau 84-03 (CAT-P), 130th Engineer Brigade, 8th Theater Sustainment Command. "They were sensitive to cultural intricacies and ready to make a difference."

Community support

During its mission, the team was able to interact with the local population through community events, from assisting the local community with clean-up initiatives to partnering with the Palau National Olympic Committee to inspire students not exposed to a physical education curriculum. They hosted organized sports and encouraged a healthy lifestyle.

Not only did their engineering efforts make an impact on the Palauans, but the Palauans made an impact on the team members, as well.

"My Soldier, Spc. Morgan Orme, and I had the incredible opportunity of working side-by-side with the loving people of Angaur for almost two months," said Sgt. Sundan Bradbury,

a CAT-P 84-03 team member. "The experiences we had there of clearing jungle, improving the runway and creating a road will never overshadow the feeling of joy these amazing people brought into our life. These people really captured my heart and became part of my family."



Students from Airai Elementary School in Palau take on the Awesome Melasm obstacle course during their youth day on May 13.

Major initiatives

CAT-P worked primarily in the state of Angaur, where the team completed 10 of the larger construction operations, such as rerouting the only access road Palauans used to get to the rest of the main island.

Another significant project they completed was the expansion of the 7,200-foot airfield by 40 feet on each side, which will allow the area to support future emergency operations and military exercises, said Smith.

Following that project, the team cleared out a 2-acre, jungle-infested Coast Guard station, creating an area for possible agricultural, military or recreational use.

As the team transitioned out, it handed the mission over to the 554th Red Horse Squadron from Andersen Air Force Base, Guam.

This mission represents the continuity and unity of effort in joint operations among Air Force Prime Beef and Red Horse, Navy Seabees and Army engineers in the Pacific area of operations, said Smith.

MPs, Hawaii law enforcement support Special Olympics Hawaii

Story and photos by
STAFF SGT. RICHARD D. SHERBA
8th Military Police Brigade Public Affairs
8th Theater Sustainment Command

WAIPAHU — Military Police from the 728th Military Police Battalion, 8th MP Brigade, 8th Theater Sustainment Command, along with personnel from the Directorate of Emergency Services, U.S. Army Garrison-Hawaii, once again joined forces with Special Olympics Hawaii athletes to raise funds and awareness for Special Olympics Hawaii during the annual islandwide "Cop on Top" fundraising event, Aug. 27-29.

Law enforcement from all over the island participated in this three-day fundraising event, with MPs assigned to the Waipahu site, where they climbed up a scaffold outside the Wal-Mart in Waipahu and stayed up there eating, sleeping and, most importantly, raising awareness and donations for Special Olympics Hawaii.

History of success

Antonio Williams, deputy chief of police, DES, and lead police officer at the Waipahu



1st Lt. Joe Weisenstine, platoon leader, 2nd Platoon, 57th MP Co., 728th MP Bn., 8th MP Bde., 8th TSC, speaks into a megaphone while standing atop a scaffold in front of the Waipahu Wal-Mart, Aug. 29, bringing awareness to Special Olympics Hawaii while helping raise funds via donations during the annual Cop on Top event.

site, explained the history behind the Cop on Top event.

"It started because one police officer stayed on top of the Waikiki Theater in the hopes of making \$10,000 (for Special Olympics Hawaii), and he was intent on staying up there till he made it," said Williams. "Well, he accomplished that feat in Waikiki in only four hours, and that sparked an idea that has gone on in tradition now (for the past 14 years)."

Special Olympics Hawaii athletes, volunteers and boisterous MPs on top of scaffolds, with and without megaphones, also raised awareness of the benefits of Special Olympics for not just the athletes, but their families and the community as well.

Valuable benefits

Noah Lorenzo, 26, of Wahiawa and a Special Olympics Hawaii athlete in both bowling and bocce ball, expressed the benefits of Special Olympics with the assistance of his mother, Gretchen Lorenzo, while collecting funds and raising awareness, Aug. 29.

They emphasized the main benefit is it makes him happy, but along with that happiness there are other valuable benefits, such as



Maj. Peter Cruz, left, executive officer, 728th MP Bn., 8th MP Bde., 8th TSC; Antonio Williams, center, deputy chief of police, DES, USAG-HI; and 1st Lt. B. James McClatchie, platoon leader, 1st Platoon, 552nd MP Company, 728th MP Bn., 8th MP Bde., stand atop a scaffold in front of the Waipahu Wal-Mart, Aug. 29, during the annual "Cop on Top" event in Waipahu.

the opportunities to be part of a team, to make new friends and to improve fitness, confidence and health.

1st Lt. Joe Weisenstine, platoon leader, 2nd Platoon, 57th MP Company, 728th MP Bn., 8th MP Bde., spoke about the impact volunteering has on him and his Soldiers.

"(Soldiers) have already volunteered to serve our country, and they do that in the military realm, but opportunities like this to volunteer gets them back into the community and gives them the ability to serve our community

on the front lines as well ... especially for a cause like Special Olympics, which brings a lot of people together.

"(It's) something everyone believes in, and it promotes so much good for the athletes and our community. ... Cop on Top gives us another opportunity to be a positive part of the local community, and it gets us back into civilian life in a way that is a fun, nice, uplifting break from our regular duties," explained Weisenstine.



Briefs

Today

Grill Your Own Steak Night — Grill your own steak every 1st and 3rd Friday, from 3-8 p.m., at the FS Hale Ikena on Mulligan’s lanai for \$13.95, or let one of the chefs grill it for an extra \$3. All steaks are served with a baked potato and the chef’s choice of vegetable. Call 438-6715.

5 / Saturday

Men’s & Women’s 10K — Join participants cheering on the military in this battalion-level men’s and women’s 10K cross country competition. The race starts at 7 a.m. on SB Stoneman Field. Call the Sports Office, 655-9047, for more details.

Shoreline Fishing — Small game shoreline fishing goes from 8:30 a.m.-12:30 p.m., for \$30/person. Come learn the secret ways of Oahu fishing from master fisherwoman and Outdoor Recreation programmer Sharon Nakai.

Nakai will take you to one or two spots on the island. Outdoor Rec. will provide the transportation (up to 12 people), fishing gear (inquire) and instruction. All you need to bring is water, snacks and sunscreen.

Sign up at Outdoor Rec. NLT Sept. 2. Call 655-9047.

7 / Monday

Men’s & Women’s Flag Football — Come watch the men’s & women’s flag football tournament at SB Stoneman Stadium and FS Takata Field. Games will run from 6-9 p.m.

An organization meeting will take place Sept. 3 at the SB Sgt. Yano Library main conference room, Bldg. 560. Call the Sports Office at 655-0856.

Men’s & Women’s Softball — Come watch the men’s & women’s battalion-level softball tournament, Sept. 7-18 at the SB Stoneman Softball Complex and FS Takata Field. Games will run from 6-9 p.m.

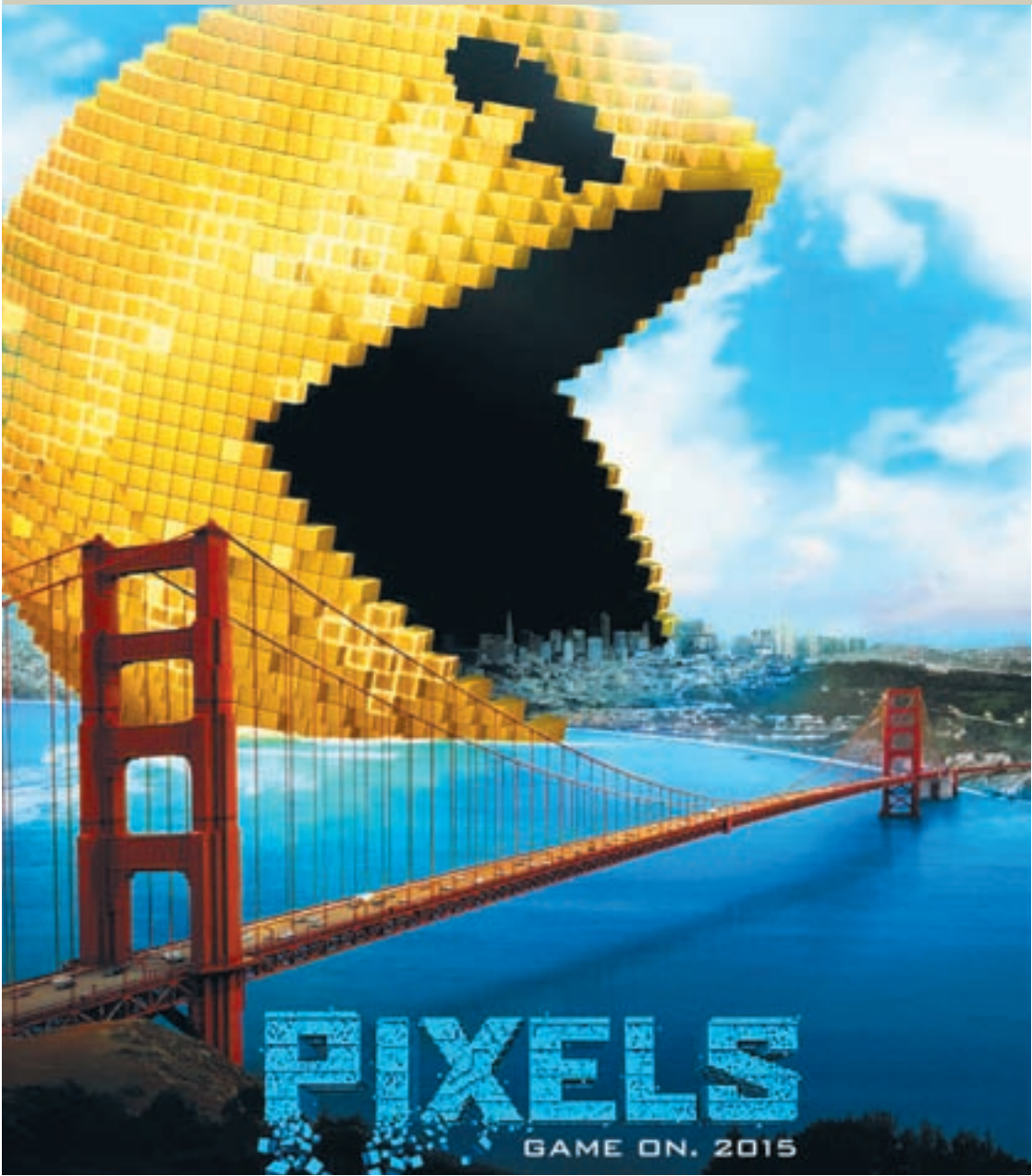
An organization meeting will take place Sept. 3 at the SB Sgt. Yano Library main conference room, Bldg. 560. Call the Sports Office at 655-0856.

9 / Wednesday

Operation Rising Star Auditions — Are you the next big singing superstar? Come find out at the 2015 Operation Rising Star Competition auditions, from 6-10 p.m., at the SB Nehelani.

This event is open to active duty military and family members. The top prize will win \$750 cash. There will also be a \$300 Spirit Award for the most supportive unit or family readiness group. Auditions are closed to the public. Participants must be 18

MONDAY’S FREE MOVIE



JOINT BASE PEARL HARBOR-HICKAM — Service members and authorized patrons are cordially invited to watch a special free matinee showing of the movie “PIXELS,” rated PG-13, at Hickam Memorial Theater, Monday, Sept. 7.

Doors open at 1:30 p.m., and the movie begins at 2 p.m. Call 422-4425 for more details.

and older. Call 655-0660.

12 / Saturday

Adventure Mountain Bike Level II — Get out of your comfort zone, and come tour with Outdoor Rec., 8:30 a.m.-12:30 p.m, for a sample of the best mountain biking on the North Shore of Oahu. Ride hills, drops, trails, fingers and whoops. Bring water and clothes that you don’t mind getting dirty.

This is a Level II bike trip. All transportation (up to 12 people), instruction and equipment is provided, \$30/person. Sign up at ODR no later than Sept. 11. Call 655-9046.

Parent’s Night Out — CYSS offers this event to families in our military community, 6-11 p.m., who are registered with CYSS no later than noon, Sept. 9. Reservations will be accepted on a first-come, first-served basis at the Parent Central Services (PCS) Office. Children ages 6 weeks through 5th grade are welcome. To register, visit one of the CYSS PCS offices.

Nonrefundable fees are as follows: military members, E-5 and below, \$20, for one child; E-6 and above, \$25, for one child; \$5 each additional

child. Children should have their dinner prior to arriving.

SB Kolekole Football Kickoff — Kick-off this year’s football season at 7 p.m. Come dressed and ready to rep your favorite team. There will trivia and prize giveaways. Call 655-4466.

16 / Wednesday

Mexican Folk Art — Come to FS Library at 3:30 pm and make an Ojo de Dios, Mexican folk art that is woven with yarn. All supplies will be provided while supplies last. Call 438-9521.

Operation Rising Star Semifinals — Watch and vote for your favorite contestant in the 2015 Operation Rising Star Semifinals, 6 p.m., at the SB Nehelani. This event is free. There will be appetizers and drinks for sale. Call 655-0660.

18 / Friday

FS Right Arm Night — Kick back with your “right arm” with drink specials and a pupu buffet beginning at 5 p.m. Spouses and DOD civilians are welcome for this adult event.

Play in the Texas Hold’em Tournament for prizes. Call 655-4466.

19 / Saturday

Introduction to Surfing — Learn to surf like a local with Outdoor Recreation on the south shores of Oahu at White Plains, 8:30 a.m.-12:30 p.m. This is a great beginner location for all ages. Cost is \$30/person.

Outdoor Rec. will provide the transportation, equipment and instruction. All you need to bring is water, snacks and sunscreen.

Must be a proficient swimmer and able to tread water for at least 6 minutes and swim 200 yards. Sign up at Outdoor Rec. no later than noon, Sept. 18. Call 655-9046.

National Boys & Girls Club Day — Join SB CYSS, 10 a.m.- 2 p.m., for a celebration of our nation’s youth at the Boys & Girls Clubs Day for Kids with a day of fun, entertainment and prizes. Open to youth of all ages.

23 / Wednesday

Operation Rising Star Semifinals — Watch and vote for your favorite contestant in the 2015 Operation Rising Star Semifinals, 6 p.m., at the SB Nehelani. This free event features appetizers and drinks for sale. Call 655-0660.

12 / Saturday

Out of the Darkness — The community is invited to walk to prevent suicide at 8 a.m., Sept. 12, at Ala Moana Beach Park/Magic Island. Visit www.afsp.org/walk to register or call 271-8582.

Hawaii Five-O Season Premier — Watch the stars of this CBS hit series walk the red carpet, beginning at 6 p.m., on Queen’s Beach, Waikiki, and then enjoy a special free pre-view screening of the show’s sixth season premier episode at 7 p.m.

Visit www.facebook.com/HawaiiFive0CBS.

19 / Saturday

National Hunting & Fishing Day — State of Hawaii-sponsored event, 10 a.m.-4 p.m., at the Koko Head Shooting Complex offers safe educational activities, including trap shooting, archery and fish casting. Bring canned food or cash donations for the Hawaii Food Bank for free activity food coupons. Call the Hawaii Hunter Education Program at 587-0200.



Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today

Federal Survey Cards — On Sept. 2, a Federal Survey Card was distributed to every Hawaii public school student as part of the Federal Impact Aid Program that partially reimburses school districts that lose revenue due to the presence of tax-free federal properties.

The card needs to be completed and returned to your child’s school as soon as possible.

If you have questions on how to fill out the form, contact your child’s school or the Army School Liaison Office at 655-8326.

First Friday Street Festival — Honolulu’s Chinatown and the art district nightlife come alive every first Friday of the month, 8 p.m.-2 a.m.,

with entertainment, food and activities. Sponsored by Arts District Merchant Association.

Call 521-1812 or visit www.artsdistricthonolulu.com.

5 / Saturday

SB Kolekole Walking/Hiking Trail — The trail is open this weekend, Sept. 5-6. It is closed on the holiday, Sept. 7.

Walk/Run Remembrance — To raise awareness about the mission of the Tripler Fisher House in Hawaii, come honor warriors lost in combat since 9/11 by participating in an 8K walk/run and boot display.

A motorcycle escort will lead the run, so motorcycle clubs wearing proper safety gear are welcome to join.

After the 8K, the boots of the fallen will be assembled on Ford Island at the corner of Enterprise and O’Kane streets, through Sept 12.

This event is open to the public; access Ford Island NLT 5 a.m.

Visit www.eventbrite.com/e/trippler-fisher-house-8k-hero-remembrance-run-walk-or-roll-2015-tickets-16982152074?aff=erelexporg.

6th Annual Rice Fest — This one-day, free event, 10 a.m.-5 p.m., is billed as Hawaii’s largest annual rice event, and welcomes the team from “Eat the Street” to celebrate a variety of cultures at Ward Village, behind the Ward Theater parking structure. Visit www.ricefest.com.

Duke Kahanamoku Walking Tour — To mark the 125th anniversary of the birth of Hawaiian-American swimming legend Duke Kahanamoku, historian Steven Fredrick will host, 11 a.m., “The Duke Kahanamoku Walking Tour” in Waikiki, on Saturdays through November. The cost is \$40 (\$30 with military ID). Reservations are required. Call 395-0674 or email filmguy54@hotmail.com.

8 / Tuesday

Family Night — Enjoy AMR family gatherings at 5:30 p.m. every Tuesday at the AMR Chapel. This broad-ranging Christian program features fellowship and Bible study from 6:15-7:30 p.m. Child care is provided. Call AMR Chapel, 839-4319. Schofield Family Night begins Sept. 9 and is held Wednesdays at 5:30 p.m.

Recreation
FRG: Family Readiness Group
FS: Fort Shafter
HMR: Helemano Military Reservation
IPC: Island Palm Communities
PFC: Physical Fitness Center
SB: Schofield Barracks

SKIES: Schools of Knowledge, Inspiration, Exploration and Skills
TAMC: Tripler Army Medical Center
USAG-HI: U.S. Army Garrison-Hawaii
USARPAC: U.S. Army-Pacific
WAAF: Wheeler Army Airfield

ASYMCA: Armed Services YMCA
BCT: Brigade Combat Team
BSB: Brigade Support Battalion
Co.: Company
CYSS: Child, Youth and School Services
EFMP: Exceptional Family Member Program
FMWR: Family and Morale, Welfare and

Calendar abbreviations
8th TSC: 8th Theater Sustainment Command
25th ID: 25th Infantry Division
ACS: Army Community Service
AFAP: Army Family Action Plan
AFTB: Army Family Team Building
AMR: Aliamanu Military Reservation



Additional religious services, children’s programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on “Religious Support Office” under the “Directorates and Support Staff” menu.)

AMR: Aliamanu Chapel
FD: Fort DeRussy Chapel
HMR: Helemano Chapel
MPC: Main Post Chapel, Schofield Barracks
PH: Aloha Jewish Chapel, Pearl Harbor
SC: Soldiers’ Chapel, Schofield Barracks
TAMC: Tripler Army Medical Center Chapel
WAAF: Wheeler Army Airfield Chapel

Buddhist Services

•First Sunday, 1 p.m. at FD
•Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass

•Thursday, 9 a.m. at AMR
•Saturday, 5 p.m. at TAMC, WAAF
•Sunday services:
- 8:30 a.m. at AMR
-10:30 a.m. at MPC Annex
-11 a.m. at TAMC
•Monday-Friday, 11:45 a.m. at Soldiers’ Chapel and 12 p.m., TAMC

Gospel Worship

•Sunday, noon. at MPC
•Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

•Friday, 1 p.m. at MPC Annex
•Friday, 2:30 p.m., TAMC
•Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)

•Friday, 7:30 p.m. at PH

Pagan (Wicca)

•Friday, 7 p.m. at Wheeler Annex

Protestant Worship

•Sunday Services
-9 a.m. at MPC
-9 a.m., at FD, TAMC chapel
-10 a.m. at HMR
-10:30 a.m. at AMR
-11:30 a.m. at WAAF (Spanish language)
-11 a.m. at SC (Contemporary)
Liturgical (Lutheran/Anglican)
•Sunday, 10 a.m. at WAAF



Temporarily closed for maintenance



Schofield Barracks

Sgt. Smith Theater

is closed for Directorate of Public Works maintenance work.

Tentative reopening for movie viewing

is now scheduled for

Saturday, Sept. 12

Call Schofield Exchange at 237-4502/4572.



9th Annual Nainoa Hoe Scholarship of Honor awarded

ALLEN K. HOE
Hawaii Civilian Aid to the Secretary of the Army
SCHOFIELD BARRACKS — The historic legacy of the University of Hawaii Army ROTC comes alive each fall semester with a new generation of cadets.
On Friday, Aug. 28, Nainoa Hoe’s 38th birthday was celebrated with the presentation of the 9th Annual Nainoa Hoe Scholarship of Honor Award to one of Hawaii’s finest young scholar warriors, Cadet Florian Kanoho-Taong.
The ceremony, held at the Lt. Nainoa Hoe Mission Training Complex, here, is named in honor of Nainoa, a 1995 Kamehameha Schools graduate from Kailua, Oahu.
Kanoho-Taong is the son of Florian Taong Sr. and Matlyn Kanoho of Honolulu.
Kanoho-Taong’s distinguished service as an active duty Army sergeant with the 25th Infantry Division’s “Golden Dragons,” the 1st Battalion, 14th Inf. Regiment, 2nd Stryker Brigade Combat Team, earned him a coveted Army Green to Gold Scholarship.
Kanoho-Taong’s journey began in Roosevelt High School’s JROTC “Rough Rider Battalion” where he excelled in every aspect of leadership and command under the guidance of Maj. Rodney Kimura and Master Sgt. Conrad Koki.
“The JROTC program inspired me to join the Army, with a long-term goal to be an Army officer,” Kanoho-Taong said.
A former noncommissioned officer with the Army’s combat engineers in Iraq has prepared him well for service as an Army officer.
He is currently attending Hawaii Pacific University majoring in psychology. He also serves as a student senator. In addition, he works with

HPU’s Veteran’s Affairs contributing to the improvement and maintenance of counseling services for the university’s military veteran students.
The award is based upon academics, athletics and leadership skills of cadets who have ex-

hibited a commitment to public service while in a Hawaii high school JROTC program.
The award honors the legacy of service of 1st Lt. Nainoa Hoe, a distinguished Kamehameha JROTC cadet who earned an MBA degree and commission as an Army infantry officer in 2003



Photo by Jeep Marshall, Headquarters, U.S. Army Hawaii

Maj. Gen. Charles Flynn, senior commander of U.S. Army Hawaii, congratulates Cadet Florian Kanoho-Taong, recipient of the 9th Annual Nainoa Hoe Scholarship of Honor Award, Aug. 28, at the Lt. Nainoa Hoe Mission Training Complex.

September means creating time for emergency strategies

KEVIN L. ROBINSON
Defense Commissary Agency
FORT LEE, Virginia — Ten years ago, on Aug. 25, Hurricane Katrina began its historic path of destruction through the Gulf Coast, making landfall near Miami.
When its rampage through southeast Louisiana, coastal Mississippi, Florida, Alabama and Georgia was done, Katrina would become one of the five deadliest hurricanes and the costliest natural disaster in U.S. history – causing nearly 2,000 deaths, displacing a million people and wreaking \$108 billion in damages.
National Preparedness Month in September is reinforcing one of the most significant lessons learned from Katrina: Make an emergency plan for any crisis, natural or manmade.

Survival kits
As bad weather tends to be the source of the most recurrent and probable emergencies, the Defense Commissary Agency is keen on informing its patrons to prepare their survival kits by taking advantage of their benefit.
“The 10th anniversary of Hurricane Katrina underscores the importance of being prepared for any crisis, especially the sudden disruption of electric power and water or the possibility of an evacuation,” said Tracie Russ, DeCA’s director of sales. “An emergency can happen anytime, anywhere, and together with our industry partners, we are offering savings on many of the items our patrons need to be prepared.”
Since April 1, DeCA’s severe weather pre-

paredness promotional package is offering various items at reduced prices until Oct. 31. This package includes the following items: beef jerky and other assorted meat snacks; soup and chili mixes; canned goods; powdered milk and cereals; batteries; airtight bags; weather-ready flashlights; tape (all-weather, heavy-duty shipping and duct); first-aid kits; lighters, matches, lanterns and candles; and hand sanitizer and antibacterial wipes. Specific promo-

- Water.** At least one gallon daily, per person (three-day supply for evacuation, two-week supply for home).
- Nonperishable foods.** Canned meats, fruits, vegetables, dried fruits, nuts, raisins, cereal, crackers, cookies, energy bars, granola, peanut butter, and foods for infants and the elderly (three-day supply for evacuation, two-week supply for home).
- Paper goods.** Writing paper, paper plates/towels and toilet paper.
- Cooking items.** Pots, pans, baking sheets, cooking utensils, charcoal, a grill and a manual can opener.
- First aid kit.** Including bandages, medicines and prescription medications.
- Cleaning materials.** Bleach, sanitizing spray, and hand and laundry soap.
- Specialty foods.** Diet and low-calorie foods and drinks.
- Toiletries.** Personal hygiene items and moisture wipes.
- Pet care items.** Food, water, muzzle, leash, carrier, medications, medical records, and identification and immunization tags.
- Lighting accessories.** Flashlight, batteries, candles and matches.
- Battery-powered or hand-crank radio** (NOAA Weather Radio, if possible).

- Duct tape, scissors.**
- Multipurpose tools.**
- Copies of personal documents.** Medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates and insurance policies.
- Cell phone with chargers.**
- Family and emergency contact information.**
- Extra cash.**
- Emergency blanket.**
- Maps of the area.**
- Blankets or sleeping bags.**



Image courtesy of Defense Commissary Agency

tional items may vary from store to store.
This preparedness emphasis parallels the peak activity for hurricanes in the United States. The Pacific hurricane season runs from June 1 through Nov. 30 and includes Hawaii.
Emergency preparedness officials suggest having a disaster supply kit that includes the following items:

Learn more online
For more information about National Preparedness Month, go to www.ready.gov/September and www.ready.gov/considerations/military-family-preparedness.
For more information on preparing for emergencies, go to the following web-sites:
•National Oceanic and Atmospheric Administration at www.nhc.noaa.gov/prepare/ready.php
•Centers for Disease Control at <http://emergency.cdc.gov/disasters/hurricanes/supplies.asp>.
•Red Cross at www.redcross.org/prepare/disaster.
•Federal Emergency Management Agency at www.ready.gov/hurricanes.

USAG-HI’S FIRST DOG PARK



Photos by Island Palm Communities

WHEELER ARMY AIRFIELD — At 1, U.S. Army Garrison-Hawaii’s first-ever dog park is being constructed by Island Palm Communities with support from Eagle Scout Troop 179, here.

Over the weekend, in 2 and 3, volunteers tediously scrapped, cleaned and painted the chain link fence surrounding the park. Irrigation, equipment and grass are scheduled to be installed this week.

Due to heavy rains over the past few weeks and forecasts for rain this week, an opening date has not yet been determined; however, IPC will continue to keep residents posted on the progress of the project.

What remains to be seen will usually be revealed

What happens when you put two parents, three kids, one overactive puppy and several marauding mice in a remote cabin in Maine, with no Internet, no phone service and no cable television during the last week of summer vacation?

The answer to that question depends on who you ask.

Despite the fact that he is an arrogantly opinionated college kid who loves nothing more than debating the palatability of dorm food or the effect of computerization on the global economy with his room-mates, our 20-year-old son Hayden would give the same response he has given to our parental questions for the last five years: “Good.”

Ask Anna, our 17-year-old, who relentlessly milks her victimhood as the middle child, and she would claim that our end-of-summer vacation in Maine was like teetering on the precipice of hell.

Our 15-year-old Lilly would gladly answer the question with a sincere response based on her genuine observations and honest opinions, but not until she is done responding to the 537 texts and social media posts that she missed while we were off the grid.

Ask our 7-month-old yellow Labrador retriever Moby, and in dog language, he would communicate, “I loved it! I love you! I love my family! I love the cabin, the trees, the birds, the bugs, the sticks, the lake, the canoe, the lodge, the fire pit, the dirt ...”

Moby would blather on and on ad nauseam, until someone throws a ball or shakes the dog food bag to distract him.

Ask my husband while we are stuck in two hours of Boston traffic on our way home, and he would snap impatiently at the kids to knock off the racket, complain that his sciatica is killing him, and shout in a “hangry” rage, “For the love of God could someone please get me a flipping snack from the cooler before I starve to death here!”

However, if you ask my otherwise pragmatic, rational, career Navy husband after we are back in our base house on Naval Station Newport with the car unpacked and three pizza slices in his stomach, he would offer a simple answer, uncluttered with over-analysis and untainted with



emotion (although possibly intended to shut me up), “It was a perfect vacation, dear.”

Different perspective

But what about my opinion? Was our family’s week in the woods a success? Did we accomplish what we set out to do?

Did we pluck ourselves from the suffocating tidal wave of modern technology and rapidly changing cultural norms long enough to breathe in the fortifying strength of familial bonds and renew our uniquely human ties with the natural world?

Heck if I know

I guess, I have to accept that it may take years before hindsight will bring the answers to all my parenting questions into focus. In the meantime, I’ll stop trying to draw conclusions and concentrate on making good memories.

Like everyone eating a late breakfast of hot, buttered pancakes with peach slices, pecans and Maine maple syrup. Like teaching Moby to swim. Like seeing my computer scientist son paddle around in a kayak. Like hiking Acadia trails in the rain. Like taking the kids out in a canoe to watch the sun go down over the lake.

Like hearing our girls giggling up in the cabin loft after carving “I have lice” into the ceiling over their bunks. Like sipping a local pale ale in an Adirondack chair around a roaring fire. Like beating my husband at Othello.

Like being so bored on the fourth night in the cabin that, after watching our two-hour and 30-minute “Dog Day Afternoon” DVD, we watched it all over again with the director’s commentary.

(Currently stationed in Rhode Island, Molinari is a 21-year military spouse and mother of three, whose award-winning columns appear in military and civilian newspapers nationwide, and on her blog, the meat and potatoes of life.com.)

Protection awareness slows infectious diseases

ABIMBOLA ADEOLA
U.S. Army Public Health Command

ABERDEEN PROVING GROUND, Maryland — The recent measles outbreak at Disneyland along with the rate of vaccine refusal by parents has fueled a national debate on immunizations, also known as “vaccines” or “shots.” It has raised questions, such as: Am I protected/immune to diseases? How do I develop protection/immunity? Are there vaccines to prevent diseases?

Strive to immunize

Vaccines against disease are said to be one of the greatest public health interventions of the 20th century. Although vaccination is seen as a major achievement in health and wellness around the world, the discussion about vaccines continues.

In a nutshell, vaccines cause immunization. Vaccination is the injection of a killed or weakened organism like a virus, bacteria or parasite that causes a particular disease or set of diseases. It produces immunity (protection) in the body against the organism, so it cannot cause illness, or it decreases the seriousness of an illness.

Immunization is the process by which an individual becomes immune or protected from diseases. This can happen when an individual

comes in contact with the organism causing a disease or when an individual receives antibodies, which are proteins in the body that attack disease-causing organisms naturally, like through breast milk or through human intervention, such as getting a vaccine.

It is important to note that vaccines are not available for all diseases. No one can predict when and where the next disease outbreak will occur, so make sure that you and your family members are protected by being up-to-date on vaccines.

Current CDC advice

The U.S. Centers for Disease Control and Prevention and its Advisory Committee on Immunization Practices have recommendations for different vaccines for all ages to prevent against many, but not all, infectious diseases.

Always ask your health provider about your immunization status, recommended vaccines and booster shots. It’s also important to work with your health care provider, as not everyone may be eligible to receive all the recommended vaccines, depending on their current health status or medical history.

Remember the famous saying, “An ounce of prevention is worth a pound of cure,” and take the steps to ensure you and your family are protected.



Photo by Army News Service

Spc. Joshua Ryan, a medic with the 16th Special Troops Battalion, 16th Sustainment Brigade, administers the influenza vaccine to Staff Sgt. Jacqueline Atkins at the troop medical clinic at Contingency Operating Base Q-West, Iraq.

TAMC
Contact your TAMC primary care manager, about your immunization needs.

MPs: Cop on Top continues success

CONTINUED FROM B-1



Noah Lorenzo, a 26-year-old Special Olympics Hawaii athlete from Wahiawa, collects donations during the annual Cop on Top event in Waipahu.

As the event came to an end, the unofficial total of monies collected by the MPs and Special Olympics Hawaii athletes was about \$12,500.

Pfc. Katherine Hayworth, MP, 58th MP Co., reflected on her experience.

“I feel like I get a lot back when I volunteer; for instance, I was just standing next to an athlete who also was volunteering, and the smile on his face when people donated to him ... when he told them about Special Olympics, just meant so much to me, and made me feel so good to be here,” said Hayworth.



TAMC TIP

Addiction Treatment

Are you or a loved one struggling with an addiction problem?

Family members over the age of 18 and/or retirees who are coping with drug or alcohol problems can now reach out for help by calling Tripler Army Medical Center’s Addiction Medicine Intensive Outpatient Treatment Program at (808) 433-6098 or (808) 433-1110.

Please call us today to discuss how you can take care of you!